

## Hygiene and Safety Measures - IIK Bayreuth

From an incidence of 35 (per 100.000 citizens) and above, the **3G-scheme** applies in the city of Bayreuth, meaning that all rooms of the institute may only be entered by persons who have been:

- **vaccinated:** vaccination certificate in analogue or digital form
- **recovered:** certificate of recovery issued by a doctor
- **tested:** PoC antigen test carried out 24 hours or less ago / PCR test carried out 48 hours or less ago (3 x per week)

**Please note:** The IIK Bayreuth doesn't offer selftests. Please bring your official test certificate with you.

Please find up-to-date regulations regarding the coronavirus as well as the addresses of local test centers on the website of the city of Bayreuth: [www.coronavirus.bayreuth.de](http://www.coronavirus.bayreuth.de).

### **Information about important hygiene and safety measures in order to avoid infection with SARS-CoV-2**

- The number of participants in each class is limited to 9 persons plus one teacher.
- **Do not enter the institute if you have symptoms that could indicate COVID-19** (e.g. fever, coughing, breathing difficulties, reduced sense of smell or taste) or unspecific general symptoms (sore throat / shooting pains, nausea / vomiting, diarrhoea).
- Please use the **disinfectant** provided in the **entrance area**.
- Maintain the **recommended minimum distance** (at least 1,5 – 2,0 m) to others.
- **Masks are compulsory inside the building.**  
Medical masks have to be used inside the institute. They can be taken off while sitting at a fixed place in the classroom as the recommended minimum distances are secured.
- **Wash your hands regularly** for 20 – 30 seconds, using soap.
- **Cough and sneeze etiquette** (Cough and sneeze only into the crook of your arm, or in a handkerchief which is disposed of right afterwards.)

- **Avoid physical contact** (e.g. handshakes or hugs)
- **Avoid touching your face** (Avoid contact of your hands with eyes, mouth and nose)
- **No formation of groups.** Participants should arrive **in time** to avoid the forming of queues in front of the classrooms.
- During the classes, teamwork is carried out under particular circumstances only. Materials will be sanitized after each use.
- All rooms must be **aired regularly** (open the windows completely for at least 5 minutes)
- **Fixed seating plan**, which is to be documented.

### **Returning travellers from high risk areas**

Please note the current regulations for returning travellers – especially when returning to Germany from a high risk area.

If you have been to a high risk area, you are obligated to get tested for COVID-19. You cannot take part in our courses while waiting for your test result.

Please get tested for your own safety as well as for the safety of others.

Please find further information on the following websites: **Bayerisches Gesundheitsministerium** or **Landratsamt Bayreuth**.

### **Infected persons and suspected cases**

All teachers and students who have knowingly had close contact (in the last 14 days) with a person suffering from COVID-19 or have themselves symptoms that could indicate COVID-19, such as respiratory symptoms, unspecific general symptoms or reduced sense of smell or taste, must **inform** the IIK Bayreuth **immediately** and are not allowed to enter the institute, unless they can present a **negative PCR-test** not older than 48 hours.

### **Tip**

A Corona self-assessment can help you to decide if you can take part in your booked course or not: Do I have symptoms that could indicate COVID-19? If you're unsure: Better get tested!